

## **SOCIAL TENNIS**

The social tennis group has been very active this year. We play on Mondays, 10 am until noon, at the North Lonsdale tennis club courts on the Memorial Playing fields at the western end of the promenade. We have three Astroturf courts available, these are in great condition and much nicer to play on than hard courts.

This last year we have played throughout the year when weather permitted – outdoor tennis in winter may sound off-putting but is really enjoyable in appropriate clothing. After all if you can go for a walk in winter why not tennis? We actually had more playing sessions in March than we had last month in July – weather is very variable!

New members are very welcome, including complete beginners. Several of our group had never played before trying it with the U3A and have thoroughly enjoyed the game. If anyone is a bit uncertain we can arrange an introductory session before trying group play. Balls are provided and loan racquets are available for those who want to give it a try.

An indoor option is available in winter at Lower Holker village hall. This is a different game played on a badminton court with softer foam balls.

*Steve Jones*