

Cycling group

Social, Picnic and Ride

On Monday 3rd August the cycling group had a wonderful Ride/Social/Picnic from Ann and Neil's house in Cartmel. We did three small loops the first taking us past the Racecourse and then uphill towards Biglands before taking a right hand turn back towards Cartmel and past our starting place.

The second starting with a long drag up Haggs Lane to Allithwaite before dropping down to cross the B5277 onto the quiet flat roads to Flookburgh. In Flookburgh we started the Third lap heading towards Ravenstown before taking the narrow road to stand on the seashore where we stopped for a group photo before cycling back to Flookburgh then uphill to Cartmel.

The three loops were in total a little over thirteen miles with just over 750 feet of climb and allowed us to gossip as we rode. The weather was perfect not as hot as it had been on many days but just right for cycling and the views were stunning. At the end of the ride the sun became hotter as if it realised we had finished riding and were now ready to enjoy the full warmth of its beams before the ride we had all dropped off our contribution for the picnic. While we were out having fun Ann and Neil worked hard, arranging chairs, counting out plates and cutlery, baking scones and other treats, and sorting out the food we had left. So that when we returned, we simply collected a plate of food and selected a seat in the garden to continue our chats. The variety, quality and quantity of the food was wonderful and I had several visits to the food table to top up my plate (as did everyone else).

As if the day hadn't been perfect enough at the end of our get together, we all left Ann and Neil with the washing up! I can't thank them enough for the suggestion of the picnic, for the venue, the weather and for their hard work. (Warning!! we will be back at Christmas).

The next day I was orienteering at Coniston and as I stood on the start line in the pouring rain getting colder as I waited for the three-minute countdown, I thought how lucky we had been the day before, the weather had been so perfect.

Sue Edlington